thermomix



CHOP CHOP CARROT CAKE

(TM6, TM5, TM31)

10 min.
2 hrs. 10 min.
medium
20 portions

INGREDIENTS

Cake

100 g grapeseed oil, plus extra for greasing

300 g carrots, cut into pieces 3 eggs

1 tsp natural vanilla extract

100 g dark brown sugar

220 g plain flour

2 tsp bicarbonate of soda

1 tsp baking powder

2 tsp ground cinnamon

2 tsp ground ginger

1 tsp ground nutmeg

1 tsp ground cardamom

1 pinch salt

275 g canned pineapple pieces, drained

80 g desiccated coconut, plus extra for decorating

100 g walnuts or pecan nuts, cut into halves, plus extra for decorating

Cream cheese frosting

250 g cream cheese, cut into pieces180 g butter, cut into pieces230 g pure icing sugar1 tsp natural vanilla extract

USEFUL ITEMS

round cake tin (23 cm), baking paper, wire rack

Preparation

Cake

- 1. Preheat oven to 180°C. Grease and line cake tin (approx. 23 cm) and set aside.
- 2. Place carrot into mixing bowl and grate 5 sec/speed 6.
- 3. Add grapeseed oil, eggs, natural vanilla extract, brown sugar, plain flour, bicarbonate of soda, baking powder, ground cinnamon, ground ginger, ground nutmeg, ground cardamom and salt and mix **5 sec/speed 5**. Scrape down sides of mixing bowl with spatula.
- 4. Add pineapple pieces, desiccated coconut and walnuts or pecan nuts and mix 10 sec/\$\sigma\sec\$/\$speed 5.
- 5. Pour into prepared tin and bake for 45-60 minutes (180°C) or until a wooden skewer inserted into centre of the cake comes out clean. Allow to cool for 30 minutes in tin then transfer onto a wire rack to cool completely.

Cream cheese frosting

- 6. Place cream cheese, butter, pure icing sugar and natural vanilla extract into mixing bowl and mix **20 sec/speed 5**.
- 7. Spread frosting onto completely cooled cake and sprinkle with extra coconut and walnuts or pecans to garnish.

TIP

 Caribbean carrot cake is ideal for high tea. For individual serves, bake in a muffin tray or silicone cupcake moulds. Decrease cooking time accordingly.