thermomix



15-MINUTE NOODLES

(TM6, TM5, TM31)

10 min.
15 min.
easy
4 portions

INGREDIENTS

1 fresh long red chilli, trimmed and cut into halves

20 g peanut oil

2 tsp Vegetable stock paste (see Tips) 1 carrot, cut into cubes (5 mm - see Tips)

2 tsp dried onion flakes

1 tsp granulated garlic

1 nori sheet, broken into pieces

1000 g boiling water

280 g dried quick-cooking noodles, broken into pieces (see Tips)

50 g snow peas, trimmed and sliced lengthways

20 g oyster sauce

20 g soy sauce

200 g firm tofu, cut into pieces (3 cm) 120 g fresh bean sprouts, to serve 2 sprigs fresh coriander, leaves only, to serve

1 spring onion/green onion, thinly sliced, to serve

USEFUL ITEMS

serving bowls

THERMOMIX PARTS

measuring cup, simmering basket

Preparation

- 1. Place chilli and oil into mixing bowl and chop 3 sec/speed 6.
- 2. Add stock paste, carrot, onion flakes, granulated garlic, nori and boiling water, then cook 2 min/120°C/\$\sigma\speed 2 (TM31: 2 min/Varoma/\$\sigma\speed 2) or until boiling.
- 3. Add noodles, snow peas, oyster sauce, soy sauce and tofu, then cook 3 min/120°C/\$\\$peed 1 (TM31: 3 min/Varoma/\$\\$)/speed 1).
- 4. Serve topped with bean sprouts, coriander and spring onion/green onion.

TIPS

- Please refer to Cookidoo® for the Vegetable stock paste recipe.
- You can use any vegetables of choice in this recipe. To save time, use a frozen peas, corn and carrot mixture (thawed before cooking).
- You can use any kind of thin, quick cooking noodle in this recipe (i.e. vermicelli noodles).
- Add shredded chicken in step 3, if desired.

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