# thermomix



## FRENCH CHICKEN LIVER PÂTÉ

(TM6, TM5, TM31)

#### **INGREDIENTS**

#### French chicken liver pâté

80 g onion (approx. ½ onion)
1 garlic clove
150 g unsalted butter, cut into pieces
250 g chicken livers, trimmed
60 g Port or Madeira wine
2 sprigs fresh thyme, leaves only
1 sprig fresh rosemary, leaves only
1-2 pinches sea salt
1 pinch ground black pepper

#### **Port Jelly**

1 gold strength gelatine leaf ice cold water, to soak 100 g Port or Madeira wine bread of choice, to serve cornichons, to serve

#### **USEFUL ITEMS**

fine-mesh sieve, bowl, ramekins, plastic wrap

#### THERMOMIX PARTS

measuring cup, spatula, simmering basket

#### KITCHEN EQUIPMENT

refrigerator

### Preparation

#### French chicken liver pâté

- 1. Place onion and garlic into mixing bowl, then chop **5 sec/speed 5**. Scrape down sides of mixing bowl with spatula.
- 2. Add 30 g of the butter and sauté **3 min/120°C/speed 1**. [TM31: **3 min/Varoma/speed 1**].
- 3. Add chicken livers, port, thyme, rosemary, salt and pepper, then cook 5 min/80°C/\$\sigma\speed 1, without the measuring cup.
- 4. Add the remaining 120 g of butter and blend **20 sec/speed 10**. Pass pâté mixture through a fine-mesh sieve into a bowl.
- 5. Transfer pâté into individual ramekins and cover. Place in the fridge to chill for 2-3 hours. Clean and dry mixing bowl.

#### **Port Jelly**

- 6. Once pâté has set, place gelatine leaf in a bowl, cover with water until soft and pliable (approx. 5 minutes).
- 7. Place Port into mixing bowl and cook **2 min 30 sec/100°C/speed 1**, placing simmering basket instead of measuring cup onto mixing bowl lid.
- 8. Remove gelatine from water and squeeze gently to remove excess water. Add gelatine to mixing bowl and combine **10 sec/speed 1** or until gelatine is dissolved completely. Allow mixture to cool (approx. 30 minutes).
- 9. Gently pour cooled jelly over pâté and return to the fridge until jelly has set (approx. 30 minutes). Serve with bread and cornichons.

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